

Getting started with your dot

PRIMARY

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Assessment. The operational limits page, and the document that contradicts the launch-day coverage framing of an agent that telephones and writes to third parties. No outbound third-party calling exists at launch.

Getting started with your dot, OpenAI Help Center, retrieved 30 September 2026.

Calling: "Your dot cannot initiate calls to you at launch." The documentation describes calling limits with respect to the user only; it states no capability to call other people.

Texting: capability is limited to communication between the user and their dot. "Connect your phone and follow the setup prompts. After setup, you can message your dot from your phone." Texting access is "limited to Pro users in the US".

Email: "You cannot give your dot its own standalone email address." Dots can access a user's personal email account for tasks; no capability to send email to third parties is stated.

Slack and messaging: dots can "connect to Slack" via messaging channels; no capability is described for contacting other people through those platforms.

Availability: the page references "eligible markets" with a linked notation but gives no list of countries or regions. EU and EEA status is not mentioned.

The documentation contains no language about a dot self-identifying as an AI to contacted parties, and none about consent or call recording.